Welcome to Reply Ob/Gyn & Fertility!

We are passionate about helping women of all ages optimize their health and well-being, and we value good communication with our patients. Services at Reply include gynecologic and infertility/subfertility care, obstetrics, personal health coaching, and patient education. We are a “new kind of ob/gyn clinic” because we feature fertility awareness and a cooperative approach to care.*

Because we are committed to this innovative approach that seeks to understand and support the body’s natural health, we do not include contraceptive and reproductive services, such as hormonal contraception, IUD, and IVF, that are outside of our focus on optimizing natural health. We cannot understand women’s individual cycles, and personalize their care, if we are using drugs or devices that disrupt their cycles.

Instead, for patients who are seeking to avoid pregnancy, we offer Sensiplan™, a very effective German family planning method. We are excited to be the first clinic in North America to do so. We also support and work with patients using other methods such as Creighton, Billings, and Couple-to-Couple. And for couples suffering from infertility/subfertility, we offer our “Finding & Fixing” program, designed to restore and optimize health to help couples conceive naturally.

We understand Reply might not be a good fit for every woman, but we welcome all patients and invite all to learn more about our program. Visit our website and blog, or attend one of our regular First Tuesdays! events — free and open to the public with information about women’s natural fertility and other topics related to women’s health.

*Fertility Awareness is an increasingly popular method that helps women understand their bodies. It is used at Reply both for family planning and as part of clinical care. Our Cooperative Approach aims to support and optimize—or cooperate with—the natural function of the body, and to restore health when there is an underlying problem.

Thank you. We look forward to seeing you soon!